

1-10-05 Group

What can you reveal about the experience last night where 16 of us gathered to balance, heal and serve Mother Earth? What other information is in our greatest good at this moment?

Gratitude for Earth Balancing and Alignment

We welcome you and would have you first take a moment to fully receive the gratitude of all the beings of light and of the spirit of Earth. All of you who participated in this blessing ceremony and who were aware of the taking place of the ceremony and were present in consciousness, have gifted a very great energy opening to not only your area but to all of humanity. While each individual at the gathering went on a very personal and profound journey, each heart and soul was joined and participated in a celestial occurrence of alignment and rebalancing. This alignment and rebalancing was very necessary for earth at this time of shifting and change. For as you all know in your souls, when such an event as the earthquake happened on the other side of the world, it impacts all of the earth. And in many ways there were gifts of great magnitude from the quake, and challenges on individual and societal levels that in awareness, you are choosing to address as one humanity.

Activation by Conscious Light

The shifting of the earth in Asia caused many ley lines to realign and allowed for portals of energy and vortices of energy to be open or shut, according to Plan. However, the portals of Light which were available to serve the process of Ascension, by design, had to be activated by Conscious Light. And this is what you all served to do over your area. Now, does this mean somehow that you are superior to others who are not aware of this shifting and are doing no active thing to open earth's chakras and facilitate the return to balance of the energies which sustain you in incarnation? No indeed, this does not signify anything other than your own process of awakening and of one other small thing: that of accepting the responsibility you share with all conscious light workers, to direct your ability to shape reality for the greatest good of humanity. And of course, this is no small thing. It is a remembering of all you are and all you have been. And the hosts of spiritual beings present last evening have acknowledged your role, and the roles of those reading these words who contribute their intention to the healing and balancing process, in the return to equilibrium of the core being of mother earth.

Transition and Suffering

Now, the topic of birth was mentioned several times last night. And we would say that the earth and the spirit of Gaia has undergone a very great transition in 2004. We have spoken much about the possibility that change is possible without great suffering. But you do not yet believe this. You think on your "past" and you hold a belief, based on your experience, that in order to move from one set of beliefs or circumstances, you must somehow be forced into a path of initiation through pain. Each and every one of

you has experienced a transition that was painful on all levels – emotional, physical, spiritual. Each and every one of you holds the memory of the destruction of great civilizations and cultures in your cellular memories. And how do you think this impacts the transitional time coming up in the next four years? Well, we will tell you that what mass consciousness believes to be true, is one of the most powerful, moving forces in existence. So if you have a mass of humanity that believes in suffering, this is what will be the primary driver of experience. How thus, is a belief system changed you ask? How do we take the mental thought construct aspect of reality and shift it to a new paradigm? How do we dare hope and believe that we can impact the mass belief system on such a level as to actually change reality? Well, these are very good and important questions. And if you take a moment to close your eyes and look into your heart and soul, you will know that this is one of the primary reasons you are here at this pivotal point in time.

Alternative: Vibration of Love

Yes. A change in society's belief system begins with those aspiring and then, committing, to a higher vibration of Light and Love. Pure and simple. There are no hidden tricks or techniques here. When you begin on an individual basis and then in small groups, to focus your conscious thoughts on creating the vibration of Love, you impact the reality of things on three levels: your own energetic bodies, the mind grid level of all of humanity and the ley line connections within your geographic area. Now, there is no mystery in this statement. It simply Is. We believe that we do not need to explain this further, that you all understand. Yes indeed. So when you come together, whether in physical presence or through reading such words, you focus your thoughts on the growing vibration of Love and you add the full spectrum of your Light to the higher purpose of creating change.

Process for creating change

A) Now, if you will place your consciousness in this moment, in the Divine Mind, and allow yourself to be cradled in the embrace of the Beloved Creator, you may allow yourself to experience a new process for creating change. Allow your consciousness to actually go to this most supreme level of reality. You may simply experience peace in your being, or you may be gifted with a sign or symbol for the sacredness of this place. From this place then, allow yourself to think of the most difficult period of your life. It may be an event, a period of time, a loss – your soul knows what you need to remember. Now, think of the lessons you learned from this experience.

Example of a supreme lesson of spirit:

Let us take an example from one of you in the group with permission of her guides and angels. The death of a child. There are many parents experiencing this at this moment as they searched for and did not find their children over the last two weeks. Now, what lesson may be learned and why is it so difficult an example that we choose? Well, this is the lesson of separation and connection – one that you all came here to experience. We will tell you that the member of your group who has experienced this loss will hold a place of sadness in her heart all of this lifetime. This is normal and is the experience of

the pain of a parent in grief. But, we will also tell you that she has experienced the Truth and Grace of knowing that this child lives on, that the spirit and grace and laughter and smile of this most blessed one continues to fill her heart. That there is a place in her heart and soul that she knows the spirit of the child is still alive and is waiting to be reunited with her. That the love experienced through this short span of time is infinite and graced with the gift of spirit.

Process continued:

B) Now in the above example and the example you chose for yourself, there are many layers of lessons and we would not presume to outline them all. But the point here is this: as we share in others lives, we have the potential to be transformed in any moment in time. This is not to say that as our consciousness of Love increases, we will not experience loss and grief. No indeed, but we will be able to connect to humanity on a level that transcends the need for spiritual suffering. For you will awaken to the Truth that your very existence is infinite, that there is no such thing as an absolute ending, that you were created in Love, birthed into incarnation in Love and will return to the Source in Love. Is there a way to know this without suffering? That is the question. Well, we will tell you that those of you who allowed yourself to fully participate in this experience as we suggested, will know that this is true. You will allow yourself to know and experience these things – again: *that your very existence is infinite, that there is no such thing as an absolute ending, that you were created in Love, birthed into incarnation in Love and will return to the Source in Love.*

Shifting Paradigm of suffering

This is the paradigm that is shifting: our Brother the Buddha came to provide a way to explain life in incarnation – and to clarify the belief system that to be born into human form is to suffer. Of course, this was a small part of all of his teachings, but we will tell you that it has created much of reality over the past several millennia. And there was nothing wrong with this teaching. It was a naming of what was and what continues to be the primary driver of the human experience at this time, for you have all accepted this as the very basis of you reality, have you not? You women who give birth have accepted that it is done in pain. So that the “modern” solution is to say, “well, I’m going to numb my physical body as I give birth.” What will be coming into your reality is the alternative of learning how to give birth without the need for pain – and this is indeed possible, as several in your group have experienced! This is the process of allowing for opening and creating of new energies without struggle. Many of you have been experiencing this in the expression of a creative form, such as music, poetry and art. When you transcend the need to control the process and allow creation to occur from a vibration of Divine Love, the process simply unfolds without pain and suffering.

Physical Death – imbued with Consciousness Shift

Now, there will continue to be the experience of physical death in your reality but when you allow the consciousness of the transitory state of physical life and death, you will

experience it differently. There are some of you who have witnessed death that was peaceful, and without suffering. There are some of you who have experienced the witnessing of a difficult and struggle-filled passing. The consciousness that we are speaking of is the pathway to creating change. When you can hold in your mind the knowledge *that your very existence is infinite, that there is no such thing as an absolute ending, that you were created in Love, birthed into incarnation in Love and will return to the Source in Love*, then whatever you experience takes on new meaning and purpose. This is not to say that you will not experience emotion associated with the events of your life – for emotion is part of the human condition. But you will more quickly, and some of you, immediately, understand and know in your hearts, that what you create is what you have agreed to in advance to be part of your process of ascension. Whatever it is that you experience, allows you to bring greater Light and Love to not only your own self, but to all of humanity. So that if you hold the sorrow and the pain in your heart, at the same time as all the Love and compassion, you transcend, once again to the top of the pyramid, the eye of Horus and the pathway to the Divine Mind. This means, to be less esoteric, that you are at once human and divine, that you are the experiencer and the creator, that you are light and dark, brilliance and shadow and above all, the vibration of Love. Do you understand dear hearts?

Choose your belief NOW!

What do you want to believe in during the next four years? “To be human is to suffer?” or “To be human is to be in the Light?” “To err is to be human” or “To be human is to make no mistakes, experience no accidents and to live in sublime consciousness of the Divine”. For if you do not accept such a responsibility for your life then, you create in the unconscious morass of confusion. Then it is no wonder that what you experience will be painful, baffling and without meaning.

A greater transition than birth and death

Now, birth and death, what greater transitions are there? We will tell you that a greater transition does indeed exist from our perspective. That transition is the dawning of the light of consciousness. We see that as a much greater gift. For when you become conscious of your full potential as multi-dimensional beings, all things are possible and the process of active ascension begins. Now, by active, we do not mean you have to go out and do and read and study and cram! For there are those of you eager to do such things! No, we mean active in the sense of allowing the Light to become integrated with your conscious minds. For without this transition, the Light will move most certainly in and through your life, but will not be useful as a process of change. When the Light becomes integrated into your conscious minds, you begin to use it as a guiding force in your life through which you experience reality. This is very different from a reality where you simply go through the routine in a rather mindless way, waiting to see what happens TO you every day, and then, depending on your moods or emotions, decide (usually unconsciously) how to react. Using the Light as a conscious process of change by contrast, means that each day, you begin by setting your intentions – and as you arise, you experience the Light of the Divine Mind touching your soul. This is no small thing

dear hearts! For if you allow your self to experience the Light, you become the Light. You go about your day with the conscious knowledge that everything you encounter and touch is of your own making and at the same time, is a gift from the Creator. You see and experience your fellow souls as reflections of your Self; and then, most beautifully, you live the Way, the Truth and the Light: you experience no difference between your own self and others; you see that which Christ taught: to love your neighbor, and even your enemy, is to love yourself. So that when you encounter something in your day which may be a challenge, you then Choose how to act, react and create.

Integration: the Third Eye and Star Tetrahedron

The manifestation of the sacred geometrical form of the star tetrahedron and the opening and balancing of the Phoenix chakra of earth's Third Eye, is the process of the integration of heaven and earth – of bringing the two pyramids together to spin in harmony and unity, counterbalancing from a place of perfect equilibrium, rather than stress and tension. So now, when you create your intention every day, you may choose to connect your third eye with the Earth's third eye spinning over Phoenix (or your own area); you may choose to connect to the Truth of your star tetrahedron, spinning within each and every one of your physical bodies to your own geographic area. Thus, what you birth into three- dimensional reality, becomes the full expression of the Light. And as you walk the path of the disciple, you are more and more conscious of the infinite love, wisdom and power of your being. For you would not be here if you were not a creator, pure and simple. You would not be reading this if you were in the morass of ego-mind and emotion based activity. You would not be participating in this great opening if your energy bodies were blocked, closed or out of balance. Simply Know, that in birthing your own higher consciousness, you create Light. And that alone, is the Plan.

Namaste,

Kuthumi, with the aid and assistance of Sananda and the compassion of Kwan Yin.

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