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Discussion of Belief System Loop for people born during the period of 1936-1942 (or thereabouts). This came from a reading for another person and I have been asked to send it to people who may be interested in it. This may or may not resonate, but read it with an open heart – it just may be of assistance in your consciousness!

We welcome you dear friend and we would say first of all that there is a vibration about your energy which is that of knowing that you know these Truths and yet are experiencing frustration for believing that they are just beyond the grasp of your conscious mind. So the dynamic that this enfolds you in, is one of a belief system loop. What is a belief system loop? It is an energetic pattern that is established by the long repetition in your conscious mind of certain messages that are encoded to keep your consciousness from accessing the inner, higher-self knowledge that all beings possess as their birthright. Now, what is the origin and purpose of the belief system loop? For many people of your generation are experiencing this but are not conscious enough of it to even ask! You, our dear heart, have the courage to ask and then the desire to bring this consciousness into your heart and into the light in order to examine it to determine if it continues to suit your purpose and your path here. The origin of this loop is many layered but we will say that the several layers you need to be aware of are: a karmic life agreement to struggle through the morass of confusion about the Truth of who you are; the conditioning of your upbringing to establish a belief that not only were you responsible for the emotional well being of your family, but were responsible for the balance of the family dynamic – this is to say, that your role was to keep the boat afloat, to accept that which you were told as reality and not to question authority with your very curious and brilliant mind; and the last layer we would like to describe is that of a cultural agreement for those born in the time of 1936 to 1942, to remain in the “in-between” place of knowing, yet not knowing the reality and truth of things.

This last phrase is somewhat confusing so we will elaborate on this first: during this time in the world, there was a massive energy pattern of negativity surrounding the earth; the world was at war, many people were being destroyed in camps and the world pretended not to know in order not to take responsibility for ending this activity, and the very stability of the human race was in jeopardy. Those born during this time came through the layers of energy into incarnation, steeped in the vibration of fear, conflict, deception, hatred and violence. It is not possible to be born through this vibration and not be impacted by it in your energy bodies and belief system. Now, before you devolve into fear yourself in reading this, please know that it was your choice to be born at this time into this dynamic. There was a very important lesson for you, one that you willingly took on and are now beginning to understand. The lesson for you and all other light workers (of course, yes, you are a light worker!), is that of being born into this world wide dynamic and serving as a point of light nonetheless, in order so that you may first fully experience the impact of negativity and then, work to transform the system which enslaved people into it in the first place. This is no small task or lesson and it required many, many people working to transform the belief system so that the next time a conflict of international political proportion took place, it would not be accepted by the entire

world, it would not carry the same vibration of totality of darkness and from the light workers, would come the movement for peace.

World peace has been a possibility for the first time in your recent history of several thousands of years. Now, you may think of the Korean and Vietnamese wars, and see how conflict continued in your formative years, however, the conflict had a very different tenor and outcome. The years of the sixties and seventies set the stage for the drive and desire for peace. This time was also critical for humanity in understanding that it had the very real capacity to destroy itself completely, and this was a possible reality. However, much work has been done to contain the energy of nuclear power to positive, useful means and to reduce the threat of destructive power. Yes indeed, there is still a nuclear threat and there is still war; but we will tell you that the dynamic of people being entirely manipulated by those in power to seeing only what they want you to see and know, is no longer at work. People are aware of more and more of the truth of what is happening and are becoming more involved in voicing their opinions and working toward peaceful resolution of conflict.

This seems to be too grand a scheme for your purposes of gaining clarity, but we will tell you that by understanding the very large stage of reality that you incarnated into, you will have greater depth and base of knowledge from which to cycle off of this belief system loop that no longer serves you. If we were to simply describe the smaller stage of your personal existence, you may be tempted to personalize this and to continue to hold yourself responsible the pattern of deception and of limited consciousness. This would serve no purpose, for it is part of the belief system loop. There are many paths that lead you back onto the loop to keep you stuck there. We will tell you that the best way to disengage from this loop and enter into the spiral of Truth, which ascends to creative wisdom, is to first understand the big picture. Do you see? For even our messenger was struggling with the significance of entering this discussion from such a broad perspective. There is always a purpose behind that which we convey. It is not out of mere intellectual curiosity that we speak of these things. In order to step out of this loop, you must state that you are no longer available to the energy of being “in between” knowing and not knowing. It is very important at this time to know what you are and are not available for in this reality. If you so choose, you may wish to affirm:

“With great grace and ease, I step onto the spiral of spiritual Truth. I accept that I am a light worker and now affirm that I am available only for knowledge and wisdom which increases Truth and Light.”

For you see, with this affirmation, you are stating that you no longer agree to stay on the loop of reality which is largely steeped in fear and worry. For this is the primary vibration of this belief system loop. Underneath the layers of 3 dimensional reality that you experience, is a constant current of fear of worry – this is part of the system that keeps you stuck. This is why, no matter what spiritual quests you have been on so far, no matter what workshops or healings or transformational techniques you have used, you remained stuck on a current of fear and worry. Can you imagine what it would be like to shut off this switch? What if this current of fear and worry could be disengaged from

your energy bodies? And we will tell you that it resides in your etheric, auric, mental, emotional and physical bodies. But one very beautiful thing is this: it does not reside in your spiritual body – for if you take a moment to close your eyes and imagine that the essence of your soul stands before you, you will see that your soul knows the Truth that the fear and worry are simply an illusion – AND that the fear and worry have been your teachers. So you may wish to give thanks for all that you have learned from this vibration. And among the many things you have learned, we will say that you have completely learned that fear and worry have not brought you enlightenment, peace or Love. You have learned that fear and worry consume your energy and keep your energy bodies in a state of agitation so that the Truths that you seek, are just beyond your conscious grasp. And now, dear heart, you are saying “enough”, I am willing to step off of this loop and accept the greatness of my Soul. I am willing to free myself of the vibration of fear and worry so that I may integrate into my conscious mind, that wisdom of my soul that stands before me in perfection and light. Yes, indeed, most divinely guided.

We would like to discuss one issue very briefly in order to clarify the concept of reality. There is the understanding at this time that as a soul, you create your own reality in order to give yourself the opportunity to learn the lessons you came here to learn. Yes, this is true but there is also a need to expand this idea beyond the self. Operating in concert with your individual reality, are mass agreements on a group level of reality. You agree to operate within this system and use it to form your own reality. You participate in the creation of your own reality within the larger group agreements. So that there is no such things as your own separate reality and there is very great deal of interconnectedness in the formation of your reality and all of those around you.

Let us take the example of aging. In the reality that you operate at this time, there is much fear around the issue of aging. The fears are operating on all levels: for in aging, the cultural belief is that you become less beautiful, the cultural belief is that you become less productive, the cultural belief is that you contribute less, have less to offer, and the great fear at this time, besides physical illness, is that you will “lose” your mind. There is a very entrenched belief that you degenerate on all levels as you age, so that you return to a state of helplessness, lack of control and finally, lack of respect from others. In this larger reality of beliefs, you operate your own belief system. You thus worry that if you don’t find a way to take care of yourself, no one will be there for you, since as society agrees, you no longer have value. So the more you operate on this loop of worry, which feeds into the cultural and mass group loop, the more you create of this reality in the now and into your probably realities in the future.

This is a very difficult concept for you: that you will be sustained by the universe and by those who love you. You do not believe this. You have been taught, (and have been born into this loop) that you are the one who is supposed to take care of everyone else. So now, you continue this pattern and get comfort from the role of taking care of everyone else, and of being indispensable to your family. IF you let go for any length of time, you fear that all would fall apart, people would not be cared for and ultimately, it would be your fault. So your energies are consumed by taking care of others, which of

course, leads you to fear that no one will take care of you. For in this system, as you age, you become less able to care for others and more in need of receiving. Yes, receiving care from those who love you. This is very difficult for you, for you would rather give love than receive it. You would rather pick up after everyone else than have the demeaning experience (as you see it) of having anyone pick up after you. We would say that it would be of very great benefit for you to allow yourself some time to be cared for. To take a break and to let everything go for a period of time so that you can experience the energy that the universe is available to care for you – and that nothing bad will happen when you relax for a little bit. We will say that yes indeed, things will happen without your constant worry and need to control, but they will be for the greatest good.

In the name of the Light, for the greatest good.

Kuthumi

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