

2-6-05 Group

Please discuss the topic that is of greatest good for the group at this time.

We welcome you and we would like to bring forth that which is in your conscious minds relating to the topic of soul consciousness. This is an important topic at this time because as we have been speaking about it over the past several months, it has become a focus for many of you. The concept and reality of consciousness is the key to your spiritual transformation. There are many ways to explore consciousness. What we will share with you this morning is an awareness that you all feel but may not have yet brought into your conceptual minds. This is much related to the topic of unity and of responsibility.

We will share with you that this information comes from a reading that was completed for a very young person, a beautiful soul on the brink of major self transformation for she has asked to have revealed to her the beliefs that she is unaware of in her conscious mind, in order that she may pursue her path in light and love. Now, this information is important to share with all of you for it may prompt you to ask, and as you know, you must ask first in order to receive. At this time on your planet, there is a most magnificent coalescence of energy and of knowledge. This is a most auspicious time for you to affirm that you increase your consciousness every day. For at this time, all questions may be answered at a very high level of Truth and Reality.

If you would consider for a moment the environment of spirituality 100 years ago (which is a drop in time), you would see that much esoteric spiritual knowledge was being made available to a wider group of people, but that knowledge was still shrouded in mystery, in symbols which were coded in hidden meaning. Before that time, in many cultures which you have conscious access to in your “history”, esoteric spiritual knowledge was closely guarded, kept secret from the masses and shrouded in deep mystery, secrecy and elitist control. At this time on earth, all esoteric knowledge may be open to those who ask. There are indeed instances of mis-information going on but this is part of the process of your development of discrimination and of reclaiming your ability to trust the instinctual power you hold within to determine that which is True.

There is a very great deal of information available to you as to why this is a critical time on your planet. Let us suffice it to say that it is at its very root, related to the period of transition that all energy and conscious beings are experiencing. We will tell you that this is the time to take full responsibility for your conscious minds. If you choose to devolve into fear and the vibration which is stimulating you to focus on apocalyptic-catastrophic energy, you will be caught in a loop of misinformation and negativity. If you choose to evolve your consciousness into light, the vibration that is stimulating you to focus on the reality that the universe is a safe and loving place where there is no such thing as finality, you will be able to journey on the cosmic spiral of spiritual Truth. Do you understand dear hearts?

We will explain it to you in this way: think of one grain of sand on a beach anywhere on your planet. Is this simply a grain of sand that has no purpose and no other reality than

its current state as a grain of sand? Or is there something more to this grain of sand than “meets the eye”? This grain of sand may be seen as insignificant in the totality of the ocean. Or you may choose to focus on the Truth of this grain of sand. This grain of sand is energy, just as you are. This grain of sand has been many things since it was birthed into form by the Creator. It has been cosmic plasma, gas, air, water, amphibian, fish of many forms, exoskeleton, heart, scales, eyes, and now, a grain of sand which carries the consciousness of all of these things. Does the grain of sand have conscious thoughts? Does it fear that it will be obliterated in some catastrophic event? Does it seek to evolve and become more than it is at this moment in time? Well, we will tell you that the grain of sand is part of a great conscious being, the ocean and also the Earth, and that there is very great consciousness in these two entities, one contained within the other (ocean-Earth). Now, the grain of sand is not “aware” in the sense that you think of awareness, but it is part of the larger organism which embodies consciousness.

Let us draw this analogy for a moment to you as an individual. You are very much like the grain of sand from the perspective of the universe. This is not to say that you are insignificant. It is to say that you are part of the larger body of humanity, that you have been many things and experienced in many forms. When you begin to see the duality of your self as a grain of sand and as being part of the ocean, and then of the earth, you will experience the interconnectedness of your own consciousness to that of all of humanity. You are one person, interconnected with your immediate family or soul group, and part of the group of humanity at this time. As part of this larger conscious entity, you may choose to focus on the reality that there is no such thing as finality, ending or separation. The process of conscious ascension and transformation involves first and foremost, the understanding that you are NOT separate beings, disconnected from others in your consciousness. When you understand this, you activate the potential to journey, evolve and play on that cosmic spiral of spiritual Truth. For you disconnect your soul from the vibration of fear which keeps you from seeing Truth and which keeps your consciousness invested in the illusion of separation and death as reality.

Your consciousness is indeed an investment. An investment in your spiritual evolution and progress. If you squander your investment on fear and negativity, you will not have as much, so to speak, in your spiritual bank when you transition back to the spiritual realm. You will simply have more debts to pay. This is a trite sounding analogy to most of you, but within it, there is much Truth. For if you wisely invest your spiritual energy on the vibration of love and compassion, you will accomplish what you came here to do in part: balance the wheel of karma in this lifetime so that you are able to take the great step into ascension and universal consciousness of the interconnectivity of all there is!

Now, here is what we wish to share with you from the young person’s reading:

The underlying question we are addressing is why and how do souls experience a limited form of consciousness in incarnation on earth?

Consciousness of three dimensionality begins in the womb. Three dimensional consciousness is a very limited version of reality – it is based on the illusion of separation

and the concept that what one person does in private thoughts does not impact others. The energetic element at work before birth is related to the development of this limited form of consciousness. For a baby-soul in the womb, the experience of consciousness develops as an awareness of the limitations of 3D physicality in the womb, accompanied by the awareness of the consciousness of the mother. There is a mingling of the baby and mother consciousness which works as a transition to the 3D world where one enters into the process of believing that one's consciousness is separate from others. Now, this is a big illusion and in the realm of souls, consciousness is experienced very differently – for it is still present but it is a much more encompassing reality – a soul is conscious of all thoughts and creative efforts of its soul group – there is no direct individual consciousness but the contribution of each soul's conscious creations to the entire soul group's development. As you can see, this is a very large topic, but for our purposes here, we wish to convey that it is only in the human realm that you initially believe that your consciousness is separate from others.

One of the myriad purposes of experience in the womb is to begin from a soul's perspective, the experience of more limited consciousness. The soul begins to feel while in contact with the mother's consciousness, a more limited definition of reality. Rather than an entire soul group, the soul begins to experience its own consciousness and the thoughts and emotions of the mother. Upon birth, consciousness is further isolated from direct access to the mother's conscious thoughts, etc, so that the final transition to 3D reality is experienced as a complete stepping down of connection in the mind to all there is. Your own birth experience has much significance to your belief system. If you were to understand the circumstances around your birth and how you came into the world, you would do much to increase your awareness of your belief system. How many of you were born to physically numbed mothers, to mothers who were unaware of the spiritual process of birth, who were emotionally “unclear”? To be handled roughly, separated from your mothers, to be bombarded with thoughts of fear (maybe you didn't breath right away or had some “complication”), to be “observed” in a plastic box while you struggled to adjust to human form, to fail to hear as your first experience, the welcoming words of your parents (welcome, we love you, thank you for choosing us etc.)? Very much karmic experience is contained within the birth process and you may learn much from the lessons of how you came here.

Why then, in the human experience, is it necessary for all of us reading this and nearly all of humanity, to limit our consciousness in the first part of our lives (at the very least), to that of illusion of separation? Well, this is part of the pathway of claiming the greatness of your soul. There is an entire treatise to be laid out on this topic. For there are layers upon layers of purpose behind this illusion. Let us suffice it to say that for those of you on the pathway of ascension, the process of experiencing this separation and then, while in human form and incarnation, becoming conscious of the illusion so that you begin to live in right thought, word and action, is the form and substance of becoming a Master. What is a Master you ask? It is one who is able to be in human form and experience the interconnectivity of all living things such that all you do, think and say emanates from the highest vibration in the universe, Love. Once you have mastered this, there is no need to

return to this planet and to this limited form of consciousness unless it is as a great teacher and example of light, such as the Masters you are aware of in your cultures.

Now, in the soul realm, the soul is also able to expand its consciousness far beyond its soul group as long as there is agreement with all souls and groups involved. This concept of group soul consciousness is important to understand from the 3D realm – for you see, your own experiences and actions, thoughts and words impact all of your soul group – there is no such thing as an individual experience of the soul – there is a very beautiful interconnected play of the soul experiencing for the benefit and development of its entire group of souls – in this way, you, as a soul, agree to take on certain parts of the assignment for the group, while other souls agree to take on other parts – so that in a magnificent coalescence of experience, all souls contribute to the lessons and development of its group. You are so much more interconnected than you can imagine – and this is the concept that we wish to introduce to the group, through the grace of our young person’s question, in order to bring to you the great importance of responsibility to your soul group of your thoughts, words and actions. For if you begin to accept the interconnectedness with the larger group of souls, most of you will see that you have a great responsibility, far beyond yourself to live in Right Relationship.

Now, there is one central question pressing on many of your minds from this information so far. That is: how does one balance the wheel of karma? Is this some “new age” idea based on reincarnation, a concept that is in vogue and spiritually interesting? OR is there something of importance to bring to your conscious minds? Well, we will tell you that what ALL of you have been doing in this lifetime is balancing the wheel of karma – it is the work of every lifetime. But in this particular point in time, when consciousness is accelerating and opening to universal truths, the awareness of realities greater than 3D, the nature of the soul and above all, your responsibility of creating in Love, all karma may be balanced and completed.

The work of balancing and completing karma is different from acting out your karma. In every lifetime, you act out karmic interchanges, providing your soul with the opportunity to simply experience the dynamic of one role or another. The purpose of karma is not at all a tool of spiritual retribution. No indeed, and this is where the “new age” movement has largely been inaccurate on this topic. There is indeed in operation, the law of spiritual return, meaning that that energy you put out into the universe will come back to you multiplied (this is the principle behind the 70x7 law of forgiveness taught by the Master Christ – for you must learn to forgive others as you work at forgiving yourself). But this does not mean that the purpose of karma is to reward or punish you for actions in previous lifetimes. No indeed. The purpose of karma is to give your soul the opportunity to experience all things. To live through the energy of exchange. And above all, to exercise your free will choice. For in unconsciousness of the divine interconnectedness of All things, you may choose a different path than one who is aware, at the highest levels of your being, of the supreme responsibility you have to choose to make every thought, word and deed “count” and emanate from the heart of Love.

If you are still spinning on the energy of the wheel of karma in a state of unawareness of your spiritual responsibility and the implications of the exercise of your free will, you will continue to create situations that will require more experience in the 3D realm. If you are choosing to exercise your free will in ways that harm others or yourself, or (and this is something to ponder), out of higher consciousness, based on love, in ways such that you expect something in return, then you are creating more and more need to experience another turn of the karmic wheel.

Now, let us expound for a moment on this very curious statement about choosing to love but expecting a return of something and the implications of this for your spiritual development. For many people at this time have moved past the negativity of harming others, and are working actively on not harming themselves by ending abuse of their physical bodies, by monitoring their mental bodies, and by learning to control their emotional bodies. This is very important work. But then, very often, people will begin to operate out of this intention to create from the vibration of Love and as part of this experience, expect something in return. What this sets in motion is more of the law of spiritual return. For yes indeed, when you create out of Love, it is very beneficial and divine. However, when you expect to be noticed in your goodness, to receive accolades from others, to “get a pat on the back”, you set in motion the energy of Love with conditions! Do you see this dear hearts? You must Love without expectation other than that of being in the energy of Love. You must Love without attaching strings to the outcome, to others reactions, to any form of reward. For only in this pure energy of unconditional love, does one balance karma and then, begin to spiral off the wheel of lifetimes, into the energy of ascension of consciousness and energy. Do you understand? We will tell you one small thing: many of you are about to take this step into unconditional Love. When you experience this, you will know it in your heart and at the very deep level of your hara chakra. In unconditional Love, there is no expectation of return. There is only love, without attachment, conditions, expectations, control or desire. Thus, without expectation of return, there is no longer need for the energy of return: there is only the energy of dancing on the spiral of cosmic Love. Of becoming the Truth of who you Are. Of becoming the Master that you Are.

We would suggest that you practice this for one day. Go about your busi-ness, but use the power of your eyes and heart to Love. Surround your heart in the golden light of Love from the Creator. Then breathe this light out all the way through your aura. State your intention to Love all in your path today. Do not then proceed to sit in your houses! Go out and practice this. Everything you encounter, from your car, to the street you drive on to the people you pass casually and those you interact with, experience Love. That is all. Do not attach anything to the outcome or the reaction. The only thing you may do is to notice and observe. For you will be serving the highest principle in the universe: unconditional Love. We will go as far as to say that only a very few of you have truly experienced this. Most of you are still in the energy of Love with conditions. You may feel that you love your partner or your children unconditionally, but most of you still expect something from them. Similarly, most of you who plant seeds in a garden, expect the plants and flowers to bloom in the spring. This is a normal expectation. But what happens then if nothing blooms? You begin to criticize yourselves, wondering, “what did

I do wrong”, “why did I not receive an expected reward for my efforts”, “anyway, maybe I don’t deserve to have the flowers and plants in my life”. So, it is normal, in the energetic pattern of 3 dimensionality, to plant with expectation, but in a spiritual sense, it is a more useful pattern and energy to plant and then detach yourself from the outcome. If the outcome is different than what you expected, it would be much more useful to continue to Love yourself, rather than criticize yourself. Do you see the benefit of this pattern? For this is the trap of conditional love and for the energy of Love sent out with a specific motivation of reward. You continue to spin on the wheel of karma, creating the need to experience more situations where you can choose a different path, that of Love without expectation of reward.

We would like to clarify that it is indeed a very important and powerful activity to carry in your heart the energy of expectation: expectation for beautiful and loving experiences, expectation for drawing to yourself the perfect situations you need for the development of your soul, expectation of abundance, health, happiness, security and peace. Yes, even the expectation of love in all of its forms. But this is different from you sending out Love and sharing love with the expectation of a return. For then the love is conditional and keeps you on the karmic wheel. Do you understand dear hearts? We would suggest that you do the experiment above and then evaluate the results. Yes, most divinely guided.

Within this discourse then are two very important lessons: that of balancing karma through the act of unconditional love, and that of truly comprehending the interconnectedness of your consciousness with all of humanity and beyond. These two lessons are inextricably linked. For it is one and the same thing: to Love unconditionally is to experience the interconnectedness of all energy, for if you Love without conditions, you become conscious of the reality that there is no true separation of yourself from others. That in loving others and all things, you love yourself. And as you truly love yourself, you find the key to that which your soul yearns: connection to the Creator, the divine knowledge, wisdom and experience, that you never have been, nor will never be, separated from the Creator, that you do not have to “go home”, you Are home. You do not have to die a physical death to return to the Creator, you are with the Creator in every moment, your soul has never been lost or adrift or separated, you have only been adrift in the illusion. And then, as unconditional Love becomes your reality, you are truly transformed and become a Master.

For the greatest good of all concerned.

Namaste

Kuthumi

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