

6/18/05 Ascended Master Workshop - Meditation

Transcript of Divine Message from Kuthumi, World Teacher

After a discourse on a range of topics including the entertainment industry, the definition of alien, moving out of duality, releasing self blame, and moving into the Age of Responsibility, Kuthumi offered the following meditation on the Summer Solstice:

A Seven-Dimensional (and higher) Meditation

Now we wish to bring in the meditation for all of you who wish to participate. Those of you not wishing to participate may simply sit in quietness, in your own sacred space, creating a protective bubble of light around you if you do not need to engage in group energetics. This is your choice. For you are all responsible for each and every one of your choices. We simply suggest to you, the opportunity to enter into a seventh dimensional meditation is available. What does a seventh dimension meditation do to you and for you? It centers you in the heart.

We will tell you once again there are a multitude of beings in this room. We wish to acknowledge the archangelic command and we have been joined by, in addition to our four archangelic helpers, three additional archangels, Jophiel, Chamuel, and the Archangel Metatron. The archangels come and stand behind each one of you, and raise their beautiful wings of light. Now interestingly enough, there is not one single color of these angelic beings in this room, but very, very many. What these angels gift to you is a great centering energy within your bodies, whichever color you need, whichever place in the body needs work. They stand ready, we call them in, saying in advance: "great thanks for the work they do for us". For when we call, they come, and we need to be in great gratitude in advance of their beautiful work.

Yes indeed, also coming into the circle are many masters. In addition, each and every one of your guides are here. For this circle is a configuration of sacred geometry. Yes, indeed, the three times seven, plus our messenger. Twenty two present here in great synchronicity. All of the human energies are represented in all the sacred numbers one through zero, Yes indeed, when we return to the center, we return to the zero, the Divine Mind zero point. We are returning to the love in our hearts, we return to access it. Yes indeed.

The East – Kwan Yin

We invite all of you in to breathe throughout your entire energy body, bringing in the Divine Light of your soul into the third eye, the seat of the soul. We call upon the energies of the East, first and foremost, bringing in the Ascended Master Kwan Yin. The great, beautiful, compassionate Mother. She is available for all of you that have need of compassion here. She is ready to accept all of your sorrows, all of your loneliness, all of your sadness, simply accepting it with her hands outstretched with great wisdom. Compassionate energy coming into your reality on the right hand side, and also balancing the left, for we need to be mindful that we do not only receive on the left the feminine energies, but masculine energies also. Yes indeed, great beauty resides within the Master Kwan Yin.

The North – Serapis Bey

Moving to the energies of the North, we bring in the Ascended Master Serapis Bey, coming in to purify all of those vibrations which no longer serve us. This is the second octave of the energy of Kwan Yin. For you see, Kwan Yin has beautifully offered to carry away the burdens of many of your sorrows. The Serapis Bey energy comes from the North to further work throughout the entire energy system. This allows the energy of moving through you, that which no longer serves you. For you see, you have one level of consciousness of what you consciously choose to give away to the Ascended Master Kwan Yin. Then, you have on the level of the unconscious, things

which no longer serve you, which you don't even know exist. And through Divine dispensation, Serapis Bey comes in the seventh dimensional meditation, saying: "those things within the unconscious mind which no longer serve your greatest good, you may chose to release at this time."

The West – Mary

Moving to the energies of the West. Yes indeed, in the West my friends, we are very graced by the presence of the Ascended Master Mary. Many beautiful vibrations of love come from the Ascended Master Mary, as she removes her veil for all of you to see her beautiful presence. You see, she has been veiled for many millennium. Now coming into the heart of humanity, she removes her veil to say: "This is the truth and grace and beauty of you". She gives thanks for all of those who have held open the heart of purity and love. The art of tending to the garden of the human soul. The beautiful eyes of love. So that each time when you look into the eyes of a child, you see yourself. For we are all indeed children of the Divine Mind. And if we forget the childhood joy and wonderment, we have a very simple time reconnecting to this balance. She unveils herself for time eternal, now to show that no longer does she need to hide behind a system which believes in patriarchal domination. She comes into her full Divine Feminine Self, balancing the energies of East and West. Our Mother Mary's very beautiful love.

The South – Djwul Khul

Coming into the energies of the south, we have grace in our presence. Yes indeed, on this very auspicious day, we have gracing our presence, my own brother in light, Djwul Khul, the Tibetan. You see, this energy comes in from the south for a very specific purpose. For he would have you know that the energies of The Great Annunciation Prayer are in Divine Right Order. For we have felt a vibration of doubt and uncertainty about the right action of changing the Great Invocation. He comes forth today, in balancing the northern sector of our meditational experience in saying: "All is in Divine Right Order." His brother Serapis Bey and my own energy of Kuthumi, the three male energies, have worked in very beautiful synchronicity to bring you to the point of Now. We wish to say to you: "All energy is within – all-e-in." This is the new mantra of the light worker, you see. You no longer need to project out into the future that which exists in the Now of the Heart. The plan of love and light has worked out on earth. And yes, as Djwul Khul would like us to know, we have some ways to go, until the energetics are fully, finally and firmly in place.

The Above – St. Germain

Now we would like to move to the energy of the above, as our Lady Mary and native indigenous people say, to Father Sky, represented most beautifully, by St. Germain, who has gifted us with the Violet Flame. Indeed gracing us in this dimension with the opportunity to clear all karma of all past thoughts, words and actions which no longer serve your greatest good. This is the great Divine Intercessionary Period. "Do you wish to miss this opportunity, our friends in light?", asks St. Germain. The Violet Flame being a very important tool, but not the only tool. For if we simply consign all efforts, actions and records of karmic activities to the Violet Flame, some of us do not increase our consciousness. We use it as a tool to sustain our conscious relationship with our own soul. For you see, all of you have open to you the Akashic Records. If you can see with great conscious clarity that which you have created, the lessons become learn-ed, you see. This is what St. Germain would have you know. It is very nice and important to use the Violet Flame. It is also a great gift to be in consciousness of that which you are sending into the Violet Flame for purification. Yes indeed, and he holds these energies open over the crown chakra for anyone who asks and calls, understanding that it is a very important tool of transformation and change, but not the only one.

The Below – The Kumaras

Yes indeed, we are moving into the sixth dimension, that which is below, that of Mother Earth. We see something of very great interest. That energy is held in beautiful harmony between the Kumaras on this auspicious day. The Lord Sanat Kumara and the Lady Venus Kumara. Yes indeed, balancing the polarities in the earth, they would like to thank Mother Earth. Mother Earth is sustaining, but there is also a very active element of Mother Earth as you all see in the manifestation of earth plates, of volcanic eruptions, tidal waves, and all such natural things. She will perhaps be very active with tornados in the Midwest this summer. All these things are very active principles. If we begin to experience the natural manifestation of shifts as being balanced, and no longer containing only the consciousness of Mother Earth, but co-created, equal between, male and female, then this unites the energy into beautiful androgyny. Thus, we are able to hold passivity (receiving-Female) and activity (giving-Male) in one simple cellular energy frame. You see, the Kumaras so perfectly hold this dimension open for us, for they represent balance within. Balance within earth, which you may wish to address as Gaia. No longer as a mother earth – but Gaia. We may address earth as Mother when we wish to access the very beautiful and sustaining energies. But the earth also has a very powerful, active element which you have seen in great manifestation. This is the Father element. As you see the ascension process and the unification process return, there will be less and less energy of explosive disaster – less polarity of mother and father and a return to Androgynous Balance. Before that may happen, the Kumaras would have you know, there will be many similar occurrences of higher energetic release and vibration. Yes indeed. This is a necessary aspect of returning to balance. The release process.

The Center – Your Choice of Masters

Now we come into the center of heart, the seventh dimension, where all is connected. Now what Ascended Master holds the energy of the heart? You have a choice, our friends in light. You may hold in the heart center Sananda, the Great Cosmic Christ. Or you may hold any other being of light which serves your own highest purpose. Now this is the time that you make your conscious choice. You do not need to follow the directives of anyone. You may choose which Ascended Master you most resonate with. You may choose your own spiritual guide. You might choose, by Divine Right, your own higher self, for you are the master of your own energy bodies. If you wish to give yourself the combined energies of any and all of the above, that is also your right.

Integrating the Energies in the Heart

We are saying now, with this Divine seven dimensional energy in place, we ask you then to bring from Gaia, great earth energy into the root chakra. Bring that energy up to the second chakra, into the abdominal area. Then bring the energy of Gaia up to the third chakra, to allow it to expand with great grace and ease, into any area of discomfort you may have, through any blockage. For there is no such thing that cannot be transmuted to light using consciousness and love. That is what we open to all of you, the consciousness grids, to send above the third chakra center into the heart, and hold that beautiful Gaia energy in the heart center.

You see, we are all multi-dimensional beings participating in this meditation. For when you experience as a multi-dimensional being, you can very easily hold this energy of Gaia within the heart, in suspension of the space-time continuum.

Next, we invite you to bring light in from above. This is also very personal. For we acknowledge that people have different belief systems. Some people wish to connect with the Monad, some to the source of Celestial Hierarchy. All of your systems are in Right Order when connected to the Heart. We simply invite you to connect to whichever highest source is available to you. Connect to whatever source resonates with your own belief system. Then, bring the Source energy down through the higher chakras with great grace and ease, into the crown chakra. Bring the Source of light in through the head and into the third eye. Yes indeed, all that beautiful energy of the Divine Self, moving in through all of the areas and chakras of the head, where we listen and receive. Bring it into the throat chakra where we give out and take in the energies of speaking. For now is

the time when old ways fall away and new ways come to the fore. It is through your own speaking of the new mantra which brings this energy into the high heart chakras. From the high heart, you then blend it into the heart center itself with great grace and ease.

The Infinity Symbol and the Flower of Life

Once you are holding the energies and light from both above and below, from all multi-directions, you may wish to circulate the Divine pattern of the Infinity symbol, in your heart. As you do this, you may expand this symbol in all directions. As the infinity symbol expands, it naturally becomes the beautiful Divine form of the Flower of Life. The Flower of Life is a multi-dimensional sacred geometrical form. In these moments of silence, you may choose to experience the Infinity symbol and Flower of Life coming back into the conscious, co-creative heart center of each one of you Divine Beings of Light.

(Silent meditation)

Yes indeed, most beautiful.

The Eighth Dimensional Chakra – The Christed Energy Body

We see two additional gifts coming in to this meditation at this time. The Archangel Metatron, over-arching this continuing Divine synchronicity, wishes to invite you to experience the eighth dimensional level, the Christed Energy Body. The eighth dimensional chakra is related in great Divine Order, to the formation of this group. Seven times three plus one people here today. This number of twenty-two people also reduces to four. We have all come together to experience the beautiful eighth chakra today as One group. This is the eighth dimensional energy body: the Christed Over-soul.

This is a time when all things are possible. You may feel the energy of excitation spinning clockwise throughout the room. This is the great excitation of your spiritual guides as they move from behind you to now, stand in front of you. Whether you see your guides in visual form or not is of no great significance. For each one of you, we will tell you most assuredly, will feel the presence of the guides who are here to help and assist you. Because you have entered into this experience in great intentionality, this means that you are open to receive a gift today from your own spiritual guide.

Your guides stand before you with great light-heartedness and joy, asking if you are ready to receive the gift from them symbolic of your transformation. Your guide offers to you, into each one of your hands, a beautiful gift of light. You see, this is a very sacred and Divine gift, and at the same time, very much lighthearted, for the time is Now. Your guides now offer you the gift: it may be a flower, a jewel, or a symbol – and it is indeed, symbolic of your transformation.

The Ninth Dimensional Chakra – The Metatronic Energy Body

You may now feel a shifting of energy once again. This is a vibration of energy coming in from above the Eighth dimension of the Christed Over-soul. And those of you who wish to receive yet a final gift from the Ascended Masters and Spiritual Hierarchy, may choose now to accept the conscious awareness of ninth dimension Metatronic energy body. Now, this is a very fine, high vibration. You may connect to it in the center of this room. For if you wish to open your spiritual eyes, you will see manifesting in front of you, the DNA helix of humanity. Now we will tell you, this DNA no longer consists of only two strands. Many of you know this for you can see coming into reality through the Metatronic energy body, that the DNA strands number three, four, five, six, seven, eight, nine, ten, eleven, and twelve in total. Twelve strands of the DNA helix spinning in the center of the room, representing Divine DNA of humanity returning to your consciousness.

A Divine Doubling of DNA – Humanity's 96 strands

We will tell you the final gift in accessing the ninth dimension Metatronic energy body, is simply a doubling process. This energetic process happens when you double your energetic frequencies. Thus, you may wish to participate by envisioning your Divine 12 DNA strands, and then by Divine Right and Intersession, increase them to twenty-four. Then Increase them again to forty-eight, and increase them one final time, to now see ninety-six connected strands of DNA. This is a living library of human memory. This is the memory bank of all that humanity has come here to do and of all those you have come here to serve. Those of you who feel, "I do not know my path", may now be able to open yourself to the energy of the ninth dimension Metatronic energy body. For you see, when you open your eyes, with great grace and ease, you see your path shining before you. You see behind you all steps that brought you to the Now. And in the Now, you may wish to accept the mantle and cloak of the Teacher, and the scepter and wand of the Healer. It is through the Crown of the Christed Self, that you came into being. It is from here, your own energy centers, that you are willing to accept all of these things into your new conscious reality.

Gratitude and Thanks

And now we wish to thank all of energetic beings gracing the circle with us today. You may wish for several moments to rest in this very Divine energy which exists beyond classification. No need to call it high, low, middle or in-between, it simply IS. You may rest in great awe, respect, reverence and joy.

(Silent Meditation)

If you so choose now, you may return to the moment of the now. Returning to the physical body, taking your time, and we give great thanks once again to address this beautiful group of souls emerging into Light, in Divine and Right Action.

Kuthumi, aided and assisted by many masters.

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